# What Programming is Offered?

- Individual Therapy (Ontario Registered Psychotherapist)
- Addiction & Trauma Individual and Groups
- Liaison with medical, community and health care supports
- · Life skills & Healthy habits
- Recreation
- A variety of social and wellbeing programs (i.e. dance/movement class, movie nights, arts and crafts)
- · Bible study and spiritual support
- Support for residents when they transition out of BATH into the community of their choice



## BATH is operated by Father's Heart Healing Ministries Inc.

- Funded primarily by private donations
- Please contact us if you would like to donate or become a monthly partner.
- Quote from donor "I'm so excited to witness what God is doing at BATH and that's why I've become a partner."

## CONTACT

Father's Heart Healing Ministries P.O. Box 912, Arthur, ON NOG 1A0

T: 519-848-3223 F: 519-489-2777 admin@fhhm.org www.fhhm.org

Registered Charity #822184321RP0001



... to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair. Isaiah 61

Beauty for Ashes Transformation House ~ BATH ~



A residence for women exiting human trafficking, the sex trade and addiction.

A safe place for women to re-discover their true worth and value. This program has been specifically designed to change the course of destiny; to see brokenness and despair transformed into wholeness and hope.

#### What is Beauty for Ashes Transformation House (BATH)?

BATH welcomes women (16 years and up) who are exiting human trafficking, the sex trade and addiction.

At BATH we provide a range of therapeutic programming that aims to stabilize and care for the whole person.

- BATH offers individual apartments, all nestled in a peaceful, rural town in Ontario.
- Minimum 3 months commitment
- Individualized goals & strategies for successful living

- Learn healthy boundaries
  and emotional regulation
- Enter into a supportive community
- Promote healthy coping strategies, positive selfimage, restore meaningful relationships

#### What BATH graduates have to say:

"I have never been loved like this by anyone outside of my own family"

"The difference between BATH and other rehabs is the spiritual aspect which has taught me with God's help to love myself, forgive myself and have confidence in my future." "I'm very grateful for the opportunity that BATH has given me. BATH has helped God reintroduce Himself to me in a non-distracted sort of way, which has shown me it was all part of His plan for me to find healing through faith. I am eternally thankful."

"The BATH program has brought me closer to my family. This Christmas will be the first in 10 years we will all be together."

"I believe God saved me from death, abuse, slavery... and brought me here. I know He has a plan for me."

### How To Apply To BATH:

• Visit our website <u>www.fhhm.org</u> for more photos of the interior of the house, for full instructions on how to apply to BATH and to download the *BATH Intake Form* and the *Medical Pre-Entrance Exam & Lab Requisition*.  After we have received both the Intake Form and the Medical Pre-Entrance Exam & Lab Requisition, we will contact you for an interview. Interviews (1-2 hours) will be conducted in person or by video chat if you live over 3 hours traveling distance. The purpose of the interview is to get to know you and to see if BATH is a good fit for you. Our core purpose is to empower women to experience peace and receive vision for a new beginning!